



NUTRITIONSENSOR

What suits you best?

**Targeted Nutrition - the
basis for our well - being**

EAT RIGHT AND STAY HEALTHY

Dear Patient,

Do you know which kind of alimentation suits you best?

Do you suffer from malnutrition despite of having food in abundance or do you rather spare no efforts to establish a well-balanced and diversified diet? Have you ever heard about the influence of certain genetic features on the processing of nutriments in every individual body? Due to these very influences general diet recommendations are not necessarily suitable for everybody. It's thus essential for your well-being to take the right choice of nourishments in order to match your individual metabolism.

A state-of-the-art technology in genetic analysis allows the detection of the specific genetic profile regarding the respective influence on the processing of nutriments in the human body.

NutritionSensor , our most recent product, consists of several genetic tests which lead to scientifically based recommendations regarding favoured consumption or avoidance of certain foods or food supplements in your specific case.

What does NutritionSensor stand for?

Although everyone bears nearly the same information in her/his genes, every individual is unique nevertheless. This individuality is granted due to slight variations in the human genome, scientifically referred to as "polymorphisms".

NutritionSensor examines polymorphisms that were carefully selected according to the latest scientific research and which result in structural changes of proteins that - among others

- Degrade toxic environmental substances into harmless products
- Regulate the potassium metabolism
- Influence immune defence and aging processes
- Control the lipid- and glucose-metabolism

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Which conclusions can be drawn from the test?

Latest scientific research has confirmed that these polymorphisms contribute for health disorders which can be minimised or even prevented with the help of adequate diet and suitable life-style.

The awareness of your individual genetic profile enables your medical consultant to

- Compose a special nutrition scheme for you in order to anticipate genetic risks
- Choose a food-supplementation according to your individual needs
- Recommend prophylactic measures to maintain physiological balance in case of serious exposures to environmental toxins, personal stress, hormone- related or mental disequilibrium
- Optimise a diet regarding the reduction of the body-mass-index

What are the test-requirements?

Only a few samples of cells drawn from the buccal mucosa are needed to make a genetic analysis. They can be painlessly collected from the oral cavity by your personal medical consultant with the help of swab-sticks and are then subsequently forwarded to us.

Who will see my test-results?

GENOSENSE has committed itself by law to treat your test-results strictly confidentially and to exclusively transfer them to your medical consultant only. Thus, Genosense is not entitled to pass them on to third parties without your explicit written consent.

Does this test need to be taken more than once?

NO, it doesn't. Your specific genetic profile is unique and never changes.

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GENOSENSE Diagnostics GmbH is a nationally approved institution for the execution of human genetic analysis for medical purposes according to the "Austrian Genetic Engineering Law" (§68).



GENOSENSE Diagnostics is certified in accordance with the latest European Quality Standards.

Physician's Address