



PREMIUM FEMALE MALE

**Fit and healthy
throughout your life !**

Preventive Medicine to ensure Joy of Life

PREMIUM female

Dear Patient,

Are you aware of your inborn health potential ?

The average human life expectancy constantly rises, but is this fact also true as regards the quality in the additional years ? How can we grow older and nevertheless stay young, healthy and active throughout a long period of time ?

The answer might be found in our genes, because health, juvenile appearance and well-being are mostly determined by our predispositions !

Would you now like to know whether the combination of your hereditary dispositions and your life-style are going to result in a long and healthy life - or whether you should apply measures to minimise inborn health risks before they take effect ?

As many health-related disorders are caused by an unfavourable interaction between environmental influences, life-style, diet and genetic factors, knowing one's genetic profile gains more and more importance. State-of-the-art techniques in biochemical analysis allow a fast and reliable detection of the individual genetic predispositions.

Based on the latest scientific findings we have developed our most extensive **PREMIUM female** & **PREMIUM male** products that recommends you a way to optimise and conserve your health status.

What does PREMIUM female & PREMIUM male stand for ?

Although everyone bears nearly the same information in her/his genes, every individual is unique nevertheless. This individuality is granted due to slight variations in the human genome, scientifically referred to as "polymorphisms".

PREMIUM female examines carefully selected polymorphisms, to evaluate health risks within the medical domains

- **Gynecology**
Oncology Menopause, Hormone Replacement Therapy, Breast Cancer, Osteoporosis, Blood Clotting, Detoxification
- **Cardiology** Coronary Artery Disease, Arteriosclerosis, Hypertension, Stroke,
- **Pharmacology** Metabolism of Pharmaceuticals

PREMIUM male

PREMIUM male examines carefully selected polymorphisms to evaluate health risks within the medical domains

- **Andrology
Oncology** Longevity, Prostate Cancer, Detoxification, Osteoporosis, Blood Clotting
- **Cardiology** Coronary Artery Disease, Hypertension, Stroke Arteriosclerosis
- **Pharmacology** Metabolism of Pharmaceuticals

Which conclusions can be drawn from the PREMIUM-Test ?

Latest scientific research has confirmed that these polymorphisms result in an increased or decreased susceptibility for acquiring age-related diseases. The pharmacological polymorphisms prove to influence the tolerance, speed of metabolism, and thus effectiveness of many pharmaceuticals.

Among others the awareness of your genetic profile helps your medical consultant as regards

- The choice of appropriate strategies to prevent hormone deficiency symptoms and their consequences within the domains of Gynecology and Andrology
- An early recognition and short interval monitoring of patients bearing genetic risk markers for malignant diseases within the domains of Gynecology and Andrology
- The timely application of prophylactic measures against cardiovascular diseases if there is a genetic risk for arteriosclerosis
- The optimisation of a possibly necessary medication regarding the choice and dose of a pharmaceutical substance
- Specific test-related advice on the changes of life-style habits, e.g. on diets and /or physical activity as well as the avoidance of exposition to toxic substances

What are the test-requirements ?

Only a few samples of cells drawn from the buccal mucosa are needed to make a genetic analysis. They can be painlessly collected from the oral cavity by your personal medical consultant with the help of swab-sticks and are then subsequently forwarded to us.

Who will see my test-result ?

GENOSENSE has committed itself by law to treat your test-results strictly confidentially and to exclusively transfer them to your medical consultant only. Thus GENOSENSE is not entitled to pass them on to third parties without your explicit written consent.

Does this test need to be taken more then once ?

No, it doesn't. Your specific genetic profile is unique and never changes.

GENOSENSE Diagnostics GmbH
Donau-City-Strasse 1, 1220 Vienna, Austria
E-Mail info@genosense.com
www.genosense.com

GENOSENSE Diagnostics GmbH is a nationally approved institution for the execution of human genetic analysis for medical purposes according to the "Austrian Genetic Engineering Law" (§68).



GENOSENSE Diagnostics is certified in accordance with the latest European Quality Standards.

Practitioner's Stamp